

Fluoride Varnish

What's it all about



Sodium Fluoride in a very concentrated solution applied directly to the tooth



Very little of the fluoride leaves the child's mouth



It is quick and easy to apply



The application does not have to be done by a dentist or physician



The varnish sets on the tooth when it comes in contact with moisture- saliva



Fluoride varnish can reverse early tooth decay ("white spots on the tooth")



Fluoride varnish can slow enamel destruction in active childhood cavities



Fluoride varnish is usually applied twice per year when teeth erupt



Fluoride varnish tastes good-usually fruity in flavor



The child can eat and drink right away after the application-no hard foods



Wait until the next day to brush and floss the child's teeth.

