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# Amador County Infant & Early Childhood Mental Health Resource Directory



Promoting the social & emotional well-being of Amador County's youngest children

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This directory was compiled in 2014 by:  
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Individual service providers and/or agency representatives provided the information contained within this directory.  
If you have any questions regarding program specific content, please contact the appropriate provider directly.

Infant-Early Childhood Mental Health (I-ECMH), or social and emotional development, is the developing capacity of the child from birth to five years of age to:

- Form close and secure adult and peer relationships;
- Experience, manage, and express a full range of emotions; and
- Explore the environment and learn...

...all within the context of family, community, and culture (Zero to Three, 2012).

During the first three years of life, 90% of human brain growth occurs and the majority of the brain's systems and structures, including those responsible for later emotional, behavioral, social and psychological functioning are developed (Perry, 2001).

A 2012 report published by the National Scientific Council on the Developing Child states "contrary to popular belief, young children can and do experience serious mental health problems that are comparable in severity to what we observe in older children and adults, and they can have lasting effects".

In 2012, an estimated 9%-14% of infants and very young children in the U.S. experienced emotional or mental health issues serious enough to interfere with their development and learning (WestEd, 2012).

The long-term impact extends beyond young children and their families and into society, where "many costly problems, ranging from the failure to complete high school to incarceration to homelessness, could be dramatically reduced if attention were paid to improving children's environments of relationships and experiences early in life" (Center on the Developing Child at Harvard University, 2012).

Services within this directory are delineated along the following I-ECMH continuum established by *Zero to Three*:

- Promotion: universal programs that focus on promoting healthy social and emotional development for all young children
- Prevention: targeted programs that provide support and information for families experiencing higher levels of stress
- Treatment: early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders

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**Agency or Private Practitioner Name:** Amador/Calaveras Breastfeeding Coalition  
**Program Name (if applicable):**  
**Address:** N/A (please see web address)  
**Phone:** (209) 223-7685 or (209) 304-0930  
**Email:** [shernandez@trcac.org](mailto:shernandez@trcac.org)  
**Fax:**  
**Website:** <https://www.facebook.com/acbcoalition>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Family Community Support	X			X
Other: Provide evidence-based breastfeeding education and support	X			X

**Overview of services:**

Our purpose is to organize local efforts to improve the health of our community by educating, providing support for breastfeeding, and promoting breastfeeding as a cultural norm.

**Referral process:**

We do not provide direct services, but provide referral services via phone for breastfeeding support.

**Service eligibility:**

We do not provide direct services, but offer breastfeeding support services via phone.

**Ages served:**

All community members

**Are culturally specific services provided?**

Yes, evidence-based lactation information provided by two International Board Certified Lactation Consultants. Also, fluent in Spanish.

**Are services provided in any language other than English?**

Yes, Spanish if requested prior.

**Is insurance accepted?**

N/A

**Is a sliding fee schedule available?**

N/A

**Are the services offered voluntary, mandatory or both?**

Voluntary

**Are services time-limited or open-ended?**

Time-limited

**Additional information:**

The Amador/Calaveras Breastfeeding Coalition wants to be recognized as the key coordinating resource for breastfeeding issues and support in our Counties.

**Agency or Private Practitioner Name:** Amador Calaveras Counseling Services  
**Program Name (if applicable):** Myrna-Kay Robison, L.M.F.T.  
**Address:** Physical:  
 32 Main St., Sutter Creek, CA 95685  
 Mailing:  
 PO Box 578, Jackson, CA 95642  
**Phone:** (209) 267-2266 or (209) 223-5105  
**Email:** [myrna-kay@volcano.net](mailto:myrna-kay@volcano.net)  
**Fax:** (209) 223-7679  
**Website:**

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Case Management			X	
Crisis Services			X	
Domestic Violence		X	X	
Early Childhood Education		X	X	
Family Community Support		X		
In-home Counseling		X		
Mental Health Consultation		X	X	
Mental Health Referral		X	X	
Outpatient Services		X	X	
Parent Education		X		
Parenting Support		X		
Psychiatric Services		X		
Social & Emotional Developmental Screening		X	X	
Substance Abuse		X	X	
Other: Supervised visitations for children and their parent/s.				

**Overview of services:**

Individual or family therapy for children or adults having mental/emotional issues, supervised visitations, parenting programs, children in foster care referred by Child Protective Services (CPS), reunification services, co-parenting classes. All services provided by licensed/registered therapists.

**Referral process:**

The parent calls in to set up an appointment, or we get a referral from the courts or CPS and then we contact the parents or caregivers.

**Service eligibility:**

All children (or adults) needing psychotherapy services are eligible. We accept insurance and if the family has none, we set a fee that is affordable. We are becoming providers for "Covered California". Sometimes counties or other agencies pay for the services (examples: Victims of Crime, Child Protective Services).

**Ages served:**

All ages are served. With younger children, the parents/caregivers are usually involved.

**Are culturally specific services provided?**

Yes, our staff is culturally diverse.

**Are services provided in any language other than English?**

Yes, Hmong and limited services in Spanish.

**Is insurance accepted?**

Yes

**Is a sliding fee schedule available?**

Yes

**Are the services offered voluntary, mandated or both?**

Voluntary and mandated

**Are services time-limited or open-ended?**

Open-ended

**Agency or Private Practitioner Name:** Amador Child Abuse Prevention Council  
**Program Name (if applicable):**  
**Address:** 975 Broadway, Jackson, CA 95642  
**Phone:** (209) 223-5921  
**Email:** [info@amadorcapc.org](mailto:info@amadorcapc.org)  
**Fax:** (209) 257-1098  
**Website:** <http://www.amadorcapc.org>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Child Care		X		X
Domestic Violence	X			X
Early Childhood Education	X			X
Family Community Support	X			X
Mental Health Consultation	X			X
Mental Health Referral	X			X
Parent Education	X	X		X
Parenting Support	X			X
Other: Child Safety - Car Seat Check	X	X		X

**Overview of services:**

The Amador Child Abuse Prevention Council (ACAPC) provides free workshops and training in our community in order to bring awareness of the issues surrounding child abuse and neglect to the public and provide information on how to prevent child abuse and neglect.

Currently our work involves the following:

- Positive Discipline Education and Outreach to families, caregivers and agencies
- The Period of PURPLE Crying Program (for families of newborns)
- Hands and Words are Not for Hurting Pledge for children and teens
- Child Abuse & Neglect Mandated Reporter Training
- Safe Kids program for preventing unintentional injuries to children
- 5 Protective Factors and Strengthening Families Approach to Keeping Families Strong

**Referral process:**

No direct service, but we partner with other agencies and organizations and provide these resources to families.

**Service eligibility:**

N/A

**Ages served:**

0-18 and their parents/families

**Are culturally specific services provided?**

No

**Are services provided in any language other than English?**

No

**Is insurance accepted?**

N/A

**Is a sliding fee schedule available?**

N/A

**Are the services offered voluntary, mandated or both?**

Voluntary

**Are services time-limited or open-ended?**

Open-ended

**Agency or Private Practitioner Name:** Amador County District Attorney's Office  
**Program Name (if applicable):** Victim/Witness Assistance Program  
**Address:** 708 Court Street, Ste. 101, Jackson, CA 95642  
**Phone:** (209) 223-6474  
**Email:** [hward@amadorgov.org](mailto:hward@amadorgov.org)  
**Fax:** (209) 223-6480  
**Website:** <http://www.co.amador.ca.us/government/district-attorney/victim-witness-program>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Case Management		X	X	X
Crisis Services		X	X	X
Domestic Violence		X	X	X
Mental Health Consultation		X	X	X
Mental Health Referral		X	X	X
Parenting Support		X	X	X
Psychiatric Services		X	X	X

**Overview of services:**

Counseling available to children who are or were victims of a crime or were a part of a family where a crime occurred. Counseling is also available in some cases to parents, grandparent caregivers or guardians who are dealing with the child victim and problems that may occur. Medical care, physical therapy and other services may be available for children who have been physically abused. There are other services available that vary by case.

**Referral process:**

Referrals are received from all law enforcement agencies, CPS, mental health providers, Operation Care, Kene Me Wu and others. We receive referrals from other counties and states when a crime has been committed against a California resident or someone who was in the state when the crime occurred.

**Service eligibility:**

Documented California victim of crime.

**Ages served:**

Victims of all ages.



**Are culturally specific services provided?**

N/A

**Are services provided in any language other than English?**

Materials in Spanish are readily available; other languages may be accessed online or arranged for with another Victim/Witness office in the state.

**Is insurance accepted?**

N/A

**Is a sliding fee schedule available?**

N/A

**Are the services offered voluntary, mandated or both?**

Providing services of Victim/Witness is mandatory upon request, but participation of the victim is voluntary.

**Are services time-limited or open-ended?**

There are “in a reasonable time” limits on adult applications but children are given until about the age of 20 in most cases to request services. There are some exceptions to this. There may even be a long gap in services with children to help address the problems (crime related) that may occur as they mature.

**Additional information:**

A claim for services should be submitted to Victims of Crime (VOC) through our office whenever possible to assure appropriate documentation and criminal case verification. When making a claim for VOC services, make sure to have the social security number, medical card or any private insurance that may be financially responsible for part of child’s care. VOC is the payer of last resort and will need to coordinate any other benefits available before payment. Proof of Guardianship is also required if child is not with custodial parent. Claims for a child in foster care must be signed by the social worker, not by foster parent.

**Agency or Private Practitioner Name:** Amador County Behavioral Health Services

**Program Name (if applicable):**

**Address:** 10877 Conductor Blvd., Ste. 300  
Sutter Creek, CA 95685

**Phone:** (209) 223-6550

**Email:**

**Fax:**

**Website:** <http://www.co.amador.ca.us/services/behavioral-health>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Case Management		X	X	
Crisis Services		X	X	X
Mental Health Consultation		X		
Mental Health Referral		X		
Outpatient Services			X	
Psychiatric Services			X	
Social & Emotional Developmental Screening			X	
Substance Abuse			X	
Other: MHSA Prevention and Early Intervention Programs & Services Required under the "Katie A" Lawsuit		X	X	

**Overview of services:**

Amador County Behavioral Health provides high quality, accessible services to county residents who have serious mental illnesses, emotional disturbances, and/or substance use disorders.

The following services are provided with dignity, respect and cultural competency:

- 24 Hour Crisis Intervention
- Medication Management
- Psychiatry Services
- Case Management
- Individual Psychotherapy
- Group Therapy and Support
- Wellness and Recovery Programs

- School Outreach and Engagement
- Coordination with Primary Care

**Referral process:**

Anyone can refer or self-refer to Amador County Behavioral Health. Intake appointments require the below forms be completed before an appointment can be made.

The following forms are available to download and print at

<http://co.amador.ca.us/services/behavioral-health>:

1. Acknowledgement of Privacy Practices
2. Client Demographic Form
3. Authorization for Use & Disclosure of PHI
4. Behavioral Health Consent-Release for Services
5. Screening Form
6. Health and Self Identification Form

**Service eligibility:**

The Behavioral Health Department currently serves Amador County residents who meet the following criteria:

- ANYONE in Crisis (for crisis services)
- Medi-Cal
- Low Income
- No Income
- No Insurance

**Ages served:**

All ages

**Are culturally specific services provided?**

Yes, all cultures; a Language Line will be provided if translation is needed.

**Are services provided in any language other than English?**

Yes, all cultures; a Language Line will be provided if translation is needed.

**Is insurance accepted?**

Yes, Medi-Cal.

**Is a sliding fee schedule available?**

Yes, for individuals without Full-Scope Medi-Cal, payment is based on a Universal Method for Determining Ability to Pay (UMDAP).

**Are the services offered voluntary, mandated or both?**

Voluntary and mandated

**Are services time-limited or open-ended?**

Some services are time-limited, some are open-ended.

**Agency or Private Practitioner Name:** Amador County Office of Education  
**Program Name (if applicable):** Amador Child Care Council & Amador State Preschools  
**Address:** 217 Rex Avenue, Jackson, CA 95642  
**Phone:** (209) 257-5338  
**Email:** [pleonetti@amadorcoe.k12.ca.us](mailto:pleonetti@amadorcoe.k12.ca.us)  
**Fax:** (209) 257-5388  
**Website:** <http://www.amadorcoe.org/>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Child Care	X	X		
Early Childhood Education	X	X	X	X
Family Community Support	X	X		X
Parent Education	X	X		X

**Overview of services:**

Amador County Office of Education State preschool program is part-day comprehensive developmental program for three-to-five year-old children. The program emphasizes parent education and encourages parent involvement. In addition to preschool education activities that are developmentally, culturally, and linguistically appropriate for the children served, the state preschool programs provide meals or snacks to children, referrals to health and social services for families, and staff development opportunities to employees. We will attend to the development of each child with focused attention on individual strengths and needs. Children with disabilities are welcome, and are included in the regular program.

**Referral process:**

If students need additional services to support their health and developmental needs, we work closely with our community agencies and Amador County Office of Education Special Education and Health Services.

**Service eligibility:**

The first priority for services shall be given to recipients of Child Protective Services (CPS), ages three-to-five (without regard to income). Second priority is then given to income eligible four year-old children and then to income eligible three year-old children. Families with the lowest gross monthly income and waiting on the Centralized Eligibility List (CEL) will be admitted first. We accept walk-in appointments. Beginning in June 2012, the State Of California’s Budget determined that Part-Day State Preschool Programs will implement Family Fees. Families whose income is high

enough would pay a Part-Day Rate. After the gross monthly income is assessed, Rate Sheet below will be applied.

<http://www.cde.ca.gov/sp/cd/ci/mb1206.asp> determines the criteria for parent fees, who pays, collection procedures and in the event of non-payment; the procedure for termination of services: [http://www.cde.ca.gov/sp/cd/ci/documents/famfeeschedule1112\\_002.pdf](http://www.cde.ca.gov/sp/cd/ci/documents/famfeeschedule1112_002.pdf)

**Ages served:**

3-5

**Are culturally specific services provided?**

Yes

**Are services provided in any language other than English?**

Yes, Spanish.

**Is insurance accepted?**

No

**Is a sliding fee schedule available?**

Yes

**Are the services offered voluntary, mandated or both?**

Voluntary

**Are services time-limited or open-ended?**

Time-limited

**Agency or Private Practitioner Name:** Amador County Office of Education  
**Program Name (if applicable):** Department of Special Education  
**Address:** 217 Rex Avenue, Jackson, CA 95642  
**Phone:** (209) 257-5330  
**Email:** Early Start Contact: [ssidey@acoe.k12.ca.us](mailto:ssidey@acoe.k12.ca.us)  
 Preschool Contact: [phaskell@acoe.k12.ca.us](mailto:phaskell@acoe.k12.ca.us)  
**Fax:**  
**Website:** <http://www.amadorcoe.org/special%20education.htm>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Other: Provide assessment and developing Individual Family Service Plans, with Regional Center. Infants and toddlers qualify with specific Early Start criteria. Direct service provided to these qualifying children in the areas of speech and infant development.				X

**Overview of services:**

Individual services within the home to qualified infants and toddlers.

Little Ponies -- Special Education Preschool (located at Argonaut High School, Jackson)  
 For students 3-5 years of age with developmental delays or substantial speech delays.

**Referral process:**

Referrals are made to Valley Mountain Regional Center.

**Service eligibility:**

Early Start criteria

**Ages served:**

Birth to 5 years old

**Are culturally specific services provided?**

Yes, interpreters provided by Valley Mountain Regional center.

**Are services provided in any language other than English?**

Yes, Spanish.

**Is insurance accepted?**

N/A

**Is a sliding fee schedule available?**

N/A

**Are the services offered voluntary, mandated or both?**

Voluntary

**Are services time-limited or open-ended?**

Time-limited, service duration depends on assessed need, but ends at age 3 for Early Start.

**Agency or Private Practitioner Name:** Amador County Public Health  
**Program Name (if applicable):**  
**Address:** 10877 Conductor Blvd., Ste. 400  
 Sutter Creek, CA 95685  
**Phone:** (209) 223-6407  
**Email:**  
**Fax:** (209) 223-3524  
**Website:** <http://www.co.amador.ca.us/services/public-health>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Case Management	X	X		X
Family Community Support	X	X		X
Health Care				X
Home Visits	X	X		
Parent Education	X	X		X
Parenting Support	X			X
Social & Emotional Developmental Screening	X	X		X

**Overview of services:**

Provide Nursing home visits for parents/children experiencing extreme stress due to high risk pregnancy, drug issues, premature infants or infants with complicated medical involvement. Short term home visits for new parents to assist with referrals, parent education, social support and assistance accessing health care services. If a toddler is in the home during a Baby Welcome Wagon visit, the ASQ and ASQ:SE developmental screenings are offered during home visits.

**Referral process:**

Referral form for Public Health Nursing or Baby Welcome Wagon

**Service eligibility:**

There is no financial eligibility for services.

**Ages served:**

All ages



**Are culturally specific services provided?**

No

**Are services provided in any language other than English?**

No

**Is insurance accepted?**

No

**Is a sliding fee schedule available?**

Yes

**Are the services offered voluntary, mandated or both?**

Voluntary

**Are services time-limited or open-ended?**

Open-ended

**Agency or Private Practitioner Name:** Amador Pregnancy Help Center (APHC)  
**Program Name (if applicable):**  
**Address:** 34 Summit Street, Suite E, Jackson, CA 95642  
**Phone:** (209) 223-3813  
**Email:** [amadorpregnancycenter@gmail.com](mailto:amadorpregnancycenter@gmail.com)  
**Fax:**  
**Website:** <http://www.amadorpregnancyhelpcenter.org>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Family Community Support		X		X
Parent Education		X		X
Parenting Support		X		X
Other: At no cost, we provide practical support to women/families facing pregnancy in crisis situations and/or to parents of very young children: pregnancy self-tests, referrals for support services, diapers, clothing, baby equipment, nursing equipment, bedding, pregnancy clothing, certificates to local thrift stores, etc.				X

**Overview of services:**

Our primary purpose is to provide practical and loving support to a pregnant woman (or couples) who are in crisis to understand and work through the alternatives, enabling her (them) to make an informed choice concerning the outcome of the pregnancy...and we will provide emergency aid in whatever form is available and needed. The aim of APHC is to restore the woman to a normal level of coping, to help her move from a state of crisis to a state of being in control of her life. APHC is also committed to bringing about awareness within the local community regarding the needs of pregnant women.

**Referral process:**

An application is completed. APHC never discriminates because of race, creed, color, national origin, age, or marital status of its clients. All assistance is offered free of charge.

**Service eligibility:**

If a woman applies, she is eligible.

**Ages served:**

All ages of pregnant women or women with very young children are served.

**Are culturally specific services provided?**

No

**Are services provided in any language other than English?**

Yes, we do not have translators; however, some literature is available in various languages, and once the mother, couple or family is familiar with child support services, not a lot of detailed language is needed.

**Is insurance accepted?**

N/A

**Is a sliding fee schedule available?**

N/A

**Are the services offered voluntary, mandated or both?**

Voluntary

**Are services time-limited or open-ended?**

Open-ended

**Agency or Private Practitioner Name:** Amador Tuolumne Community Action Agency (ATCAA)  
**Program Name (if applicable):** Camanche Lake Community Center (CLCC) & Upcountry Community Center (UCC)  
**Address:** CLCC: 4419 Camanche Pkwy N, Ione, CA 95640  
 UCC: 19386 Hwy 88, Pine Grove, CA 95665  
**Phone:** CLCC: (209) 763-2794  
 UCC: (209) 296-2785  
**Email:** CLCC: [iisaac@atcaa.org](mailto:iisaac@atcaa.org)  
 UCC: [rturner@atcaa.org](mailto:rturner@atcaa.org)  
**Fax:** CLCC: (209) 763-2969  
 UCC: (209) 296-2782  
**Website:** <http://www.atcaa.org>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Case Management	X	X		X
Early Childhood Education	X			X
Family Community Support	X	X		X
Home Visits	X	X		X
Mental Health Referral	X	X	X	X
Parenting Support	X	X		X
Social & Emotional Developmental Screening		X		X

**Overview of services:**

Family Advocates (FAs): FAs provide prevention and early intervention case management/home visiting services. FAs help families access available resources to support personal growth, mental health stability, wellness and resiliency. FAs work with each individual family to help them identify and prioritize goals and create a Family Action Plan. FAs also provide information regarding child development, parenting & discipline, positive communication, and budgeting & time management.

Outreach: ATCAA staff provide monthly wellness workshops that focus on mental health and existing services in the community. Staff also provide prevention education regarding coping mechanisms and increasing social and emotional support systems.

Play Groups/School Readiness: The centers ensure that children have access to quality early childhood programs and services such as toddler play groups and School Readiness (School Readiness is only offered at the CLCC). Participants learn to identify their feelings, empathize with the feelings of others, share emotions appropriately, and problem solve with peers and adults, as well as learn early literacy skills that prepare them for school. During toddler play groups, parents develop friendships with other parents and build trusting, supportive relationships.

Mental Health First Aid (MHFA): The 12 hour MHFA course teaches adults how to provide initial support to people who are developing a mental illness or experiencing a mental health crisis.

Educate, Equip & Support (EES): This 12-week program is designed to provide parents with evidence-based education about childhood mental health illnesses and treatment options. The purpose is to provide education and promote the building of natural supports between parents. This program will inform participants about common childhood mental health issues, symptoms and management techniques.

Staff provide Baby Welcome Wagon services for Spanish speaking families.

**Referral process:**

Referrals are made by partner providers, agencies, and schools utilizing a referral form. Clients can self-refer to the program as well.

**Service eligibility:**

Services are open to the community and free of charge.

**Ages served:**

All ages

**Are culturally specific services provided?**

Yes, Family Advocates utilize the Nurturing Parenting curriculum that targets all families with children birth through 18. Bilingual and Bi-cultural Family Advocate is available to provide services for Spanish-speaking, Hispanic/Latino families.

**Are services provided in any language other than English?**

Yes, Spanish.

**Is insurance accepted?**

N/A

**Is a sliding fee schedule available?**

N/A

**Are the services offered voluntary, mandated or both?**

Voluntary

**Are services time-limited or open-ended?**

Time-limited

**Agency or Private Practitioner Name:** Amador Tuolumne Community Action Agency (ATCAA)  
**Program Name (if applicable):** Family Resource Services (FRS)  
**Address:** 935 S. State Hwy 49, Jackson, CA 95642  
**Phone:** Therapy Services: (209) 223-1485 x 249  
 Parenting/Home Visiting: (209) 223-1485 x 236  
**Email:** Therapy Services: [kpignataro@atcaa.org](mailto:kpignataro@atcaa.org)  
 Parenting/Home Visiting: [pporto@atcaa.org](mailto:pporto@atcaa.org)  
**Fax:** (209) 223-4178  
**Website:** <http://www.atcaa.org>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Case Management	X	X	X	X
Crisis Services			X	X
Home Visits	X	X	X	X
Mental Health Consultation			X	X
Mental Health Referral	X	X	X	X
Parent Education	X	X		X
Parenting Support	X	X		X
Social & Emotional Developmental Screening		X	X	X

**Overview of services:**

Therapy Services: Parent-Child Interaction Therapy (PCIT) is an intensive treatment program that is designed to help both parents and children. The PCIT program works with both parents and children together to improve the quality of the parent-child relationship and to teach parents the skills necessary to manage their child's behavior problems. PCIT is appropriate for children who are between the ages of 2 and 7 years. The Child Abuse Treatment (CHAT) program provides therapeutic counseling to children who have experienced abuse or emotional trauma. Our therapists are trained in a variety of evidence-based therapeutic approaches including Trauma-Focused Cognitive-Behavioral Therapy as well as Art and Play Therapy. ATCAA's clinical staff provides therapy services to children and adolescents ages 2 through 17 years old.

Parenting/Home Visiting Services: Creative Parenting classes are offered for parents with children ages 3 to 18. Creative Parenting classes focus on building communication skills, problem solving skills, positive discipline techniques, and developing self-esteem in parent and child. The Baby Steps

parenting classes are offered for parents with children under 2 years old. Baby Steps classes focus on child development, building parenting skills, nutrition, safety, and play. Home Visiting services include education, assistance and support for families regarding parenting and discipline, child development and infant care, building communication skills, budgeting & time management, and locating and accessing community resources.

Amador Fit Kids: Fit Kids helps participants and their families increase knowledge about healthy eating and nutrition through nutrition education activities and increase knowledge about physical fitness through structured physical activities that will strengthen, increase flexibility, and promote endurance. Fit Kids helps children ages 4 through 18 years old increase overall healthy behaviors and build positive body image and self-esteem.

**Referral process:**

Referrals are made by outside and partner service providers, agencies, and schools. Families can self-refer for services as well.

**Service eligibility:**

FRS programs and services are open to the community and free of charge. There are some eligibility requirements for CHAT services.

**Ages served:**

PCIT: families with children 2 through 7 years

CHAT: children 2 through 17 years

Parenting classes: families with children prenatal to 18 years

Home Visiting services: families with children birth to 18 years

Fit Kids: children 4 through 18 years

**Are culturally specific services provided?**

Yes, Nurturing Parenting program curriculum targets all families at risk for abuse and neglect with children birth to 18 years.

**Are services provided in any language other than English?**

Yes, Home Visiting services can be provided by a Spanish-speaking Family Advocate.

**Is insurance accepted?**

N/A

**Is a sliding fee schedule available?**

N/A

**Are the services offered voluntary, mandated or both?**

Voluntary and mandated

**Are services time-limited or open-ended?**

Time-limited, varied.

**Agency or Private Practitioner Name:** Amador Tuolumne Community Action Agency (ATCAA)  
**Program Name (if applicable):** Head Start/Early Head Start  
**Address:** 935 S. Hwy 49, Jackson, CA 95642  
**Phone:** (209) 223-7333 or (209) 533-0361 x 245  
**Email:** [sbowe@atcaa.org](mailto:sbowe@atcaa.org)  
**Fax:** (209) 533-0470  
**Website:** <http://www.atcaa.org>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Child Care	X			X
Early Childhood Education	X			X
Home Visits	X			X
Mental Health Consultation	X			X
Mental Health Referral	X			X
Parent Education	X			X
Parenting Support	X			X
Social & Emotional Developmental Screening	X			X

**Overview of services:**

Head Start/Early Head Start offers free family oriented infant/toddler and preschool programs for income eligible families with children ages 0 to 5 years. We also offer a home based program for pregnant women and children 0-5. The focus of Head Start is on education and school readiness, parent engagement and wellness. In Amador County, Head Start/Early Head Start centers are located in Jackson and Ione.

**Referral process:**

Complete a Head Start application.

**Service eligibility:**

Children ages 0-5 years and pregnant women that live in Amador or Tuolumne County.

**Ages served:**

Children ages 0-5 and pregnant women.



**Are culturally specific services provided?**

Yes, we actively recruit parents to join our team and this ensures our staff always reflects the culture and values of the families enrolled.

**Are services provided in any language other than English?**

Yes, Spanish at this time.

**Is insurance accepted?**

N/A

**Is a sliding fee schedule available?**

N/A

**Are the services offered voluntary, mandated or both?**

Voluntary

**Are services time-limited or open-ended?**

Open-ended

**Agency or Private Practitioner Name:** Amador Tuolumne Community Action Agency (ATCAA)  
**Program Name (if applicable):** Ione Family Learning Center  
**Address:** 17 S. Buena Vista Street, Ione, CA 95640  
**Phone:** (209) 274-4527  
**Email:** [rturner@atcaa.org](mailto:rturner@atcaa.org)  
**Fax:** (209) 274-4036  
**Website:** <http://www.atcaa.org>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Case Management	X	X		X
Early Childhood Education	X			X
Family Community Support	X	X		X
Home Visits	X	X		X
Mental Health Referral	X	X	X	X
Parenting Support	X	X		X
Social & Emotional Developmental Screening		X		X

**Overview of services:**

**Family Advocates (FAs):** FAs provide prevention and early intervention case management/home visiting services. FAs help families access available resources to support personal growth, mental health stability, wellness and resiliency. FAs work with each individual family to help them identify and prioritize goals and create a Family Action Plan. FAs also provide information regarding child development, parenting & discipline, positive communication, and budgeting & time management.

**Outreach:** ATCAA staff provide monthly wellness workshops that focus on mental health and existing services in the community. Staff also provide prevention education regarding coping mechanisms and increasing social and emotional support systems.

**Promotores de Salud (Community Health Workers):** Promotores de Salud is a “peer to peer” program that utilizes Spanish-speaking peer educators, or Promotoras. The Promotoras conduct educational presentations and perform community outreach activities on behavioral health topics to Spanish-speaking, Hispanic/Latino groups and individuals within the community. The Promotoras also help Latino community members connect to local resources and access behavioral health services.

Mental Health First Aid (MHFA): The 12 hour MHFA course teaches adults how to provide initial support to people who are developing a mental illness or experiencing a mental health crisis.

Educate, Equip & Support (EES): This 12-week program is designed to provide parents with evidence-based education about childhood mental health illnesses and treatment options. The purpose is to provide education and promote the building of natural supports between parents. This program will inform participants about common childhood mental health issues, symptoms and management techniques.

**Referral process:**

Referrals are made by partner providers, agencies, and schools utilizing a referral form. Clients can self-refer to the program as well.

**Service eligibility:**

Services are open to the community and free of charge.

**Ages served:**

All ages

**Are culturally specific services provided?**

Yes, Family Advocates utilize the Nurturing Parenting curriculum that targets all families with children birth through 18. Bilingual and Bi-cultural Family Advocate is available to provide services for Spanish-speaking, Hispanic/Latino families.

**Are services provided in any language other than English?**

Yes, Spanish.

**Is insurance accepted?**

N/A

**Is a sliding fee schedule available?**

N/A

**Are the services offered voluntary, mandated or both?**

Voluntary

**Are services time-limited or open-ended?**

Time-limited, varied.

**Agency or Private Practitioner Name:** California Community Colleges Chancellor's Office  
**Program Name (if applicable):** Foster and Kinship Care Education  
**Address:** El Dorado Center  
 6699 Campus Drive, Placerville, CA 95667  
**Phone:** (530) 642-5659  
**Email:** [Juline.Aguilar@fcl.losrios.edu](mailto:Juline.Aguilar@fcl.losrios.edu)  
**Fax:**  
**Website:**

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Other: Our program provides quality training to foster parents and relative caregivers who are caring for children who have been placed in their care. We offer trainings on a variety of topics. We have a three hour orientation class for relative caregivers offered on an as-needed basis.	X	X		X

**Overview of services:**

Training is provided for foster parents and relative caregivers so they can meet the social, emotional, and physical needs of the children in their care.

**Referral process:**

For information call (530) 642-5659.

**Service eligibility:**

Training is open to the community, but designed for foster parents and relative caregivers.

**Ages served:**

Training addresses the needs of 0-21 year olds.

**Are culturally specific services provided?**

Yes, training can be individualized to meet diverse needs.

**Are services provided in any language other than English?**

No

**Is insurance accepted?**

Yes

**Is a sliding fee schedule available?**

Yes

**Are the services offered voluntary, mandated or both?**

Voluntary and mandated. Relative caregivers are mandated by Amador County CPS to attend our three-hour orientation. Foster parents are required to have annual training but choose when and how to obtain that training.

**Are services time-limited or open-ended?**

Open-ended

**Agency or Private Practitioner Name:** Family Resource Network (FRN)  
**Program Name (if applicable):**  
**Address:** 5250 Claremont Ave., Suite 148, Stockton, CA 95207  
**Phone:** (209) 472-3674 or (800) 847-3030  
**Email:** [FRNfamilies@aol.com](mailto:FRNfamilies@aol.com)  
**Fax:** (209) 472-3673  
**Website:** <http://www.frcn.org>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Case Management	X	X		X
Family Community Support	X	X		X
Parent Education	X	X		X
Parenting Support	X	X		X

**Overview of services:**

Family Resource Network provides support, information, resources and referrals to families raising children with special needs in Amador, Calaveras, Tuolumne, San Joaquin and Stanislaus Counties.

**Referral process:**

Family Resource Network is part of the Early Start program for children ages birth to 36 months and families participating in the program can authorize a referral to FRN. Families not served through FRN can self-refer either in person, via phone or email.

**Service eligibility:**

Family Resource Network serves families whose children have any kind of special need or learning difference.

**Ages served:**

Families of children with special needs, ages birth to 22 years.

**Are culturally specific services provided?**

Yes, FRN has Spanish language translation available for many of its workshops upon request. There is bilingual staff available to offer support to Spanish speaking families.

**Are services provided in any language other than English?**

Yes, Spanish.

**Is insurance accepted?**

N/A

**Is a sliding fee schedule available?**

N/A

**Are the services offered voluntary, mandated or both?**

Voluntary

**Are services time-limited or open-ended?**

Open-ended

**Agency or Private Practitioner Name:** First 5 Amador  
**Program Name (if applicable):**  
**Address:** 975 Broadway, Jackson, CA 95642  
**Phone:** (209) 257-1092  
**Email:** [nina@first5amador.com](mailto:nina@first5amador.com)  
**Fax:** (209) 257-1098  
**Website:** <http://www.first5amador.com>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Child Care	X			X
Domestic Violence	X	X		X
Early Childhood Education	X	X		X
Family Community Support	X			
Health Care	X	X		X
Home Visits	X	X		X
Mental Health Referral	X	X	X	X
Parent Education	X	X		X
Social & Emotional Developmental Screening	X	X		X
Other: Behavioral Specialist services (in-home, preschool, and child care).				X

**Overview of services:**

First 5 Amador offers consultation services by an experienced behavioral specialist to assist caregivers (parents, grandparents, etc.), preschools, and child care programs in caring for children with behavior concerns, disabilities, and special needs. A consultant is available to assist family childcare providers, early education teachers, and families with a wide range of resources and services. The consultant offers phone and on-site assistance to families and programs serving children ages 0-5.

1. Telephone Support

- Lend support, listen, answer questions and problem solve



- Help to identify “red flags”
- Assist providers and families in accessing appropriate resources
- Support providers in communication with families regarding concerns and referral to consultation services and other resources

## 2. Child Specific Observations

- Provide feedback and suggest strategies for improving challenging behaviors
- Help implement a behavior modification plan for the child, providers and caregivers to follow
- Help identify and set goals for the families and providers to work towards
- Assist in making referrals to specialized services for children
- Provide information about special education and working with the school system
- Identify long-term resources to assist inclusion efforts (e.g. connecting child with Family Resource Network, Valley Mountain Regional Center, Special Education)

## 3. Comprehensive Support Services--Program Observations

- On-site consultation with child care programs and staff
- Suggestions for program modifications (e.g. making space more accessible, promoting social skills and smoother transitions, behavior management techniques)
- Educational materials (e.g. informational articles addressing specific needs of a provider or suggestions on curriculum development)
- Training and guidance for caregivers and staff to help meet the needs of children with specific behavioral, developmental, or physical issues

(Behavioral Specialist services are funded in part by the Mental Health Services Act.)

Examples of other programs funded by First 5 Amador that support children 0 – 5 and their families:

- Baby Welcome Wagon
- Upcountry and Camanche Lake Community Centers
- Mind Matters
- Toddler Playgroups
- Parent / Provider Education – workshops  
(i.e. Picky Eaters, Challenging Behaviors, Stress Reduction)
- Domestic Violence Attorney Voucher Program
- Camanche Lake School Readiness
- Imagination Library – literacy program  
(books mailed home for children from birth to their 5<sup>th</sup> birthday)
- Dad and Me Events

### **Referral process:**

Anyone may refer.

**Service eligibility:**

Children 0 - 5 living in Amador County.

**Ages served:**

0 – 5

**Are culturally specific services provided?**

Yes, if needed, First 5 will make every attempt to meet the need.

**Are services provided in any language other than English?**

Yes, if needed, First 5 will make every attempt to meet the need.

**Is insurance accepted?**

N/A

**Is a sliding fee schedule available?**

N/A

**Are the services offered voluntary, mandated or both?**

Voluntary

**Are services time-limited or open-ended?**

Time-limited

**Additional information:**

First 5 provides attorney vouchers for families experiencing domestic violence. The collaborative effort includes Victim/Witness, which is able to provide some funding for counseling services.

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**Agency or Private Practitioner Name:** Hospice of Amador & Calaveras  
**Program Name (if applicable):** Griefbusters Program  
**Address:** Physical:  
 1500 So. Hwy #49, Ste 205, Jackson, CA 95642  
 Mailing:  
 P. O. Box 595, Jackson, CA 95642  
**Phone:** (209) 223-5500  
**Email:** [info@hospiceofamador.org](mailto:info@hospiceofamador.org) or  
[ann.metherd@hospiceofamador.org](mailto:ann.metherd@hospiceofamador.org)  
**Fax:** (209) 223-4964  
**Website:** <http://www.hospiceofamador.org>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Case Management		X	X	X
Family Community Support		X	X	X
Outpatient Services			X	X
Other: Provide "grief" support to children who have suffered loss due to death of loved one.			X	X

**Overview of services:**

Grief support to children & adolescents who have suffered loss of loved one due to death.

**Referral process:**

School, individual, mental health, etc. can refer. Also may be referred by Hospice social worker if a loved one is receiving Hospice services.

**Service eligibility:**

Anyone, ages 5-19, is eligible for services. Our Griefbuster coordinators meet with or receive information from parent/guardian and determine if our service is appropriate at the time.

**Ages served:**

5-19

**Are culturally specific services provided?**

No, we meet the needs as best we can with our trained volunteers.

**Are services provided in any language other than English?**

Yes, possibly in Spanish, if Spanish-speaking volunteer is available.

**Is insurance accepted?**

N/A

**Is a sliding fee schedule available?**

N/A

**Are the services offered voluntary, mandated or both?**

Voluntary

**Are services time-limited or open-ended?**

Time-limited. We offer 6 sessions, however if child/adolescent is in need of additional time, we will extend. We meet the needs of the individual.

**Additional information:**

We provide services to individuals regardless of when the loss occurred so long as it was due to a loss by death and support of their grief is needed.

**Agency or Private Practitioner Name:** Marie J. Elliott, Educational Consultant  
**Program Name (if applicable):** S.O.S. Feeding Therapy  
**Address:** 72D Main Street, Sutter Creek, CA 95685  
**Phone:** (209) 419-2253  
**Email:** [meconsultationservices@gmail.com](mailto:meconsultationservices@gmail.com)  
**Fax:**  
**Website:** <http://meconsultationservices.com/>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Case Management		X	X	
Early Childhood Education	X	X	X	
Home Visits		X	X	
Parent Education	X	X	X	X
Parenting Support	X	X	X	
Therapeutic Classrooms	X	X	X	
Other: S.O.S. Feeding Therapy to help children and families with picky eaters and problem feeders	X	X	X	

**Overview of services:**

Sequential Oral Sensory (SOS) is an effective way to address problematic feeding behaviors. Parents and caregivers of children who will not eat are faced with a difficult and often puzzling challenge. Because the interplay between weight gain and a child’s experience of food can be complicated, there is rarely an easy solution.

The SOS Approach focuses on a child's ability to comfortably interact with food (touching, smelling, playing, and eventually licking and/or tasting). The child is in control. Children are not forced to eat. Skill is added at their comfort.

Classes are held for one hour weekly in a group setting. Sessions last for 12 consecutive weeks (sessions may be repeated if necessary). There is a home component that increases throughout the class sessions. All food is provided as part of the cost for class.

**Referral process:**

Parents/Guardians and or Physicians determine there is a need, based on the following criteria:

### Picky Eaters

- Decreased range or variety of foods that child will eat = 30 foods or more
- Foods lost due to “burn out” because of a food jag are usually re-gained after a 2 week break
- Able to tolerate new foods on plate and usually can touch or taste a new food (even if reluctantly)
- Eats at least one food from most all food texture groups
- Frequently eats a different set of foods than the rest of the family, but usually eats with the family
- Will add new foods to repertoire in 15-25 steps on Steps to Eating Hierarchy
- Sometimes reported by parent as a “picky eater” at well-child check-ups

### Problem Feeders

- Restricted range or variety of foods, usually less than 20 different foods
- Foods lost due to food jags are NOT re-acquired
- Cries and “falls apart” when presented with new foods
- Refuses entire categories of food textures
- Almost always eats different foods than the family
- Adds new foods in more than 25 steps
- Persistently reported by parent as a “picky eater” across multiple well-child check-ups

### **Service eligibility:**

If a child is a picky eater or problem feeder, they would benefit from SOS. An intake, which consists of a food diet and sensory history is conducted with parent/guardian. At this time, a determination is made whether individual or group therapy would be the most beneficial, and where therapy should take place.

### **Ages served:**

2 years - 5th grade (have completed classes for teens as well)

### **Are culturally specific services provided?**

Yes, food choices are changed to match the needs of the child and home.

### **Are services provided in any language other than English?**

No

### **Is insurance accepted?**

No

### **Is a sliding fee schedule available?**

Yes

### **Are the services offered voluntary, mandated or both?**

Voluntary

### **Are services time-limited or open-ended?**

Sessions last 12 consecutive weeks and at the end of the sessions, determination is made whether continued therapy would benefit the child and family.

**Agency or Private Practitioner Name:** Mind Matters  
**Program Name (if applicable):**  
**Address:** 150 Big Trees Road, Suite D, Murphys, CA 95247  
**Phone:** (209) 728-2184  
**Email:** [office@mindmattersclinic.org](mailto:office@mindmattersclinic.org)  
**Fax:** (209) 728-2185  
**Website:** <http://www.mindmattersclinic.org>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Health Care	X		X	
Mental Health Consultation		X	X	
Outpatient Services		X	X	
Parenting Support			X	
Social & Emotional Developmental Screening	X		X	
Other: Our clinic deals specifically with those affected by autism spectrum disorders, ADD/ADHD, and learning disabilities. We also offer parent/family support. While our services are not free, we do have some grant funding available.	X	X	X	

**Overview of services:**

Medical appointment with Dr. Thompson to help identify/diagnose specific disorder(s), follow-up recommendations, diagnostic, treatment, assessments/evaluations/screenings, counseling, dietary/supplemental intervention, and classes for social thinking, brain processing, and dyslexia remediation.

**Referral process:**

Anyone can call or refer.



**Service eligibility:**

Anyone exhibiting symptoms of autism spectrum disorders, ADD/ADHD, or learning disabilities is eligible. Often there are overlapping concerns, but we do not have the expertise to help those who have schizophrenia, bipolar, etc.

**Ages served:**

The youngest has been 20 months - the oldest 63.

**Are culturally specific services provided?**

No

**Are services provided in any language other than English?**

Yes, both Dr. Thompson and one of our clinicians are fluent in Spanish. We also refer to a Spanish-speaking counselor when needed.

**Is insurance accepted?**

Yes, Mind Matters does not accept Medi-Cal, but does have some grant funding available.

**Is a sliding fee schedule available?**

Grant funding is dependent upon qualified need.

**Are the services offered voluntary, mandated or both?**

Voluntary

**Are services time-limited or open-ended?**

Some services are time-limited, others are open-ended, depending on the service.

**Agency or Private Practitioner Name:** NAMI (National Alliance on Mental Illness) Amador  
**Program Name (if applicable):** Family to Family; Peer to Peer Education Classes  
 Family Support Group; Connection Peer Support Group  
**Address:** PO Box 482, Jackson, CA 95642  
**Phone:** (209) 223-1485 x 266  
**Email:** [kjtrottier@volcano.net](mailto:kjtrottier@volcano.net)  
**Fax:**  
**Website:**

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Family Community Support		X		X
Other: Support groups and education classes for individuals living with mental illness. Education and support groups are for families of people with mental illness or dual diagnosis.		X		X

**Overview of services:**

Educational classes and support groups are free to public, taught by trained family and peer educators. They are evidence-based best practices per National Registry of Evidence-based Programs and Practices (NREPP).

**Referral process:**

We welcome calls on our ATCAA-hosted phone line, (209) 223-1485 x 266. We return calls within 48 hours.

**Service eligibility:**

Anyone who has responsibility for or a close relationship with a person with mental illness, or a person with mental illness themselves, who is working toward wellness.

**Ages served:**

18 years and older, also families of minors.

**Are culturally specific services provided?**

No

**Are services provided in any language other than English?**

No

**Is insurance accepted?**

N/A

**Is a sliding fee schedule available?**

N/A

**Are the services offered voluntary, mandated or both?**

Voluntary

**Are services time-limited or open-ended?**

Open-ended. Classes are 6, 10 or 12 weeks and may be repeated. Support groups are open-ended.

**Agency or Private Practitioner Name:** Operation Care  
**Program Name (if applicable):**  
**Address:** 619 New York Ranch Road, Jackson, CA 95642  
**Phone:** Office: (209) 223-2897  
 Crisis Line: (209) 223-2600  
**Email:** [info@operationcare.org](mailto:info@operationcare.org)  
**Fax:** (209) 256-2987  
**Website:** <http://www.operationcare.org>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Case Management		X		X
Crisis Services		X		X
Domestic Violence		X		X

**Overview of services:**

Provide domestic violence and sexual assault crisis intervention, education and support, including groups for both children and adults.

**Referral process:**

Anyone can refer and walk-ins are welcome.

**Service eligibility:**

Operation Care provides services to anyone that has experienced or is currently in a domestic violence relationship or has been the victim of sexual assault. Services include counseling for family members of victims.

**Ages served:**

All ages

**Are culturally specific services provided?**

No

**Are services provided in any language other than English?**

Yes, Spanish.

**Is insurance accepted?**

N/A

**Is a sliding fee schedule available?**

N/A

**Are the services offered voluntary, mandated or both?**

Voluntary and mandatory

**Are services time-limited or open-ended?**

Time-limited, 10 peer counseling sessions with appropriate referrals as needed.

**Agency or Private Practitioner Name:** Speech Therapy Associates  
Sara Peterson, Marisa Godi & Sara Rouse

**Program Name (if applicable):**

**Address:** Jackson Office:  
34 C Summit Street, Jackson, CA 95642  
Lodi Office:  
1200 West Tokay Street, Ste B., Lodi, CA 95240

**Phone:** (209) 334-0830

**Email:** [speechtherapyassoc@sbcglobal.net](mailto:speechtherapyassoc@sbcglobal.net)

**Fax:** (209) 334-0860

**Website:** <http://www.staspeech.com>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Case Management			X	
Parent Education			X	
Other: Free speech/language in-office screenings			X	X

**Overview of services:**

Speech and language services, including early intervention speech therapy and social skills programs (Circle of Friends), for language delays, fluency (stuttering) disorders, and/or voice disorders.

**Referral process:**

Referrals can be made by calling the office or through the website.

**Service eligibility:**

Determined based on a screening process.

**Ages served:**

All ages

**Are culturally specific services provided?**

Yes, according to ASHA and California state guidelines.

**Are services provided in any language other than English?**

No

**Is insurance accepted?**

No

**Is a sliding fee schedule available?**

No

**Are the services offered voluntary, mandated or both?**

Voluntary

**Are services time-limited or open-ended?**

Open-ended, decided on a case-by-case basis depending on severity, etc.

**Agency or Private Practitioner Name:** Sutter Amador Hospital  
**Program Name (if applicable):** Breastfeeding Success Group  
**Address:** 200 Mission Boulevard, Jackson, CA 95642  
**Phone:** (209) 223-7452  
**Email:** [snyderj@sutterhealth.org](mailto:snyderj@sutterhealth.org)  
**Fax:**  
**Website:**

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Family Community Support	X			X
Parent Education	X			X
Parenting Support	X			X

**Overview of services:**

Breastfeeding support directed to the immediate needs of mothers and their babies.

**Referral process:**

None

**Service eligibility:**

All breastfeeding mothers and babies are welcome, including grandmothers and siblings.

**Ages served:**

All breastfeeding mothers and babies are welcome, including grandmothers and siblings.

**Are culturally specific services provided?**

Yes, as needed.

**Are services provided in any language other than English?**

No

**Is insurance accepted?**

N/A

**Is a sliding fee schedule available?**

N/A



**Are the services offered voluntary, mandated or both?**

Voluntary

**Are services time-limited or open-ended?**

Open-ended

**Additional information:**

Available free of charge and no need to register.

**Agency or Private Practitioner Name:** The Resource Connection  
**Program Name (if applicable):** Child Care Resource and Referral Services  
**Address:** Physical:  
 10877 Conductor Blvd., Sutter Creek, CA 95685  
 Mailing:  
 P.O. Box 216, Sutter Creek, CA 95685  
**Phone:** (209) 223-1624  
**Email:** [kgraesch@trcac.org](mailto:kgraesch@trcac.org)  
**Fax:** (209) 223-5852  
**Website:** <http://www.trcac.org>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Case Management	X	X		X
Child Care	X	X		X
Early Childhood Education	X	X		X
Parent Education	X	X		X
Parenting Support	X	X		X

**Overview of services:**

The Resource Connections provides free referrals to licensed family child care homes, preschools and child care centers. We provide information on child care options to help parents make the best choices when selecting child care for their children. The Resource Connection also provides referrals to many community services such as children’s services, education, health, housing, legal assistance, and nutrition.

We seek to expand quality child care options by providing information and services for child care providers including workshops, training, child care licensing assistance, training for grandparents and other license-exempt providers, and a resource and toy library.

The Resource Connection also offers subsidy programs to help qualifying families pay for child care. Our programs include a general child care subsidy program funded by the California Department of Education, CalWORKs Child Care Stages 1, 2 & 3, and a Family Child Care Home Network program.

In addition we offer a Toddler Playgroups, funded by First 5 Amador. Our mobile program provides an environment where young children learn through age appropriate play and socialization

experiences. The program also provides parents a chance to connect with other families, information and resources on child development, community events, trainings and workshops. Toddler Playgroups are designed for the toddler age group, but all children 0-5 are welcome, as are parents, caregivers, grandparents and licensed child care providers. All Playgroups run from 9:30-11:30am on the following weekdays at the given locations: Mondays - Camanche; Tuesdays - Jackson; Wednesdays - Ione; and Thursdays - Pine Grove.

The Resource Connection, with funding provided by Amador County Behavioral Health, offers a grandparent program that is designed to provide temporary relief for grandparents from the ongoing responsibilities of caring for their grandchildren. We offer a respite child care program as well as several trainings and support groups throughout the year. Our goal is to provide regular discussion groups designed for Grandparents that will include information and referrals to local resources that can help grand families remain strong and successful.

**Referral process:**

Our services are free of charge. Families should call us directly at: (209) 223-1624 or visit our child care eligibility list: <http://trcac.org/programs/resource-and-referral/help-paying-for-child-care>

Parents participating in CalWORKs Child Care will need a Stage 1 child care authorization from the Amador Health and Human Services Agency or ability to provide evidence of receiving cash aid in the past 24 months (parent could have received cash aid in a different county if they are now residing in Amador County).

Parental incapacitation requires documentation by a legally qualified health professional (parents must first apply for subsidized child care and sign a release authorizing the legally qualified health professional to disclose information). Homelessness requires a written referral from an emergency shelter or other legal, medical or social services agency, or a parental declaration. Child Protective Services (CPS) or At-Risk requires a referral from CPS or a statement by a legally qualified professional that the child is at-risk of abuse or neglect or that child care services are a necessary component of the CPS plan. The written referral must include the probable duration, parental need and include the name, address, telephone number, and signature of the county social worker.

**Service eligibility:**

All families are eligible for free child and community referrals. Most of our trainings and workshops are free or low cost to providers and/or parents. Playgroups are free to families with children 0- 5.

Income and eligibility screening is required for our subsidized child care programs. Families must have a qualifying need: Child Protective Services, employment, seeking employment, participating in an approved vocational or educational program, parental incapacitation, or homelessness.

Depending on family income and size, families may be required to pay a family fee based on a sliding fee scale (may be temporarily waived for CPS and At-Risk participants).

Grandparents raising grandchildren are eligible to apply for 16 hours of respite child care per month in a licensed child care facility or certified respite care setting. Planned respite and emergency respite care are available through the program.

**Ages served:**

0 – 13, and children with special needs up to 21 years with an IEP

**Are culturally specific services provided?**

Yes, we strive to provide culturally responsive services to families and the community.

**Are services provided in any language other than English?**

Yes, we translate or interpret to meet the needs of our clients.

**Is insurance accepted?**

N/A

**Is a sliding fee schedule available?**

N/A

**Are the services offered voluntary, mandated or both?**

Voluntary

**Are services time-limited or open-ended?**

Time-limited. Child Care for CPS referrals is time-limited.

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**Agency or Private Practitioner Name:** The Resource Connection  
**Program Name (if applicable):** WIC (Women, Infants, and Children)  
**Address:** 430 Sutter Hill Road, Sutter Creek, CA 95685  
**Phone:** (209) 223-7685  
**Email:** [srunnings@trcac.org](mailto:srunnings@trcac.org)  
**Fax:** (209) 223-7687  
**Website:** <http://www.trcac.org>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Other: Nutrition education, supplemental food, breastfeeding support and free breast pump loans for WIC participants.	X			X

**Overview of services:**

Nutrition education, supplemental food, breastfeeding support, breastfeeding peer counselor program and free breast pump loans for WIC participants.

**Referral process:**

Potential eligible participants need recent height, weight and blood test for anemia. This can be done at the doctor’s office. Most referrals are by individuals, doctors’ offices or public health department.

**Service eligibility:**

Pregnant women and/or new mothers: up to one year post partum if breastfeeding, and up to six months post partum if not breastfeeding. Infants and children up to the month they turn 5 years old. Financial guidelines are 185% of poverty.

**Ages served:**

Zero - 5 for Children (Pregnant, Breastfeeding and Post Partum Women)

**Are culturally specific services provided?**

Yes, Spanish and others as needed.

**Are services provided in any language other than English?**

Yes, Spanish.

**Is insurance accepted?**

N/A

**Is a sliding fee schedule available?**

N/A

**Are the services offered voluntary, mandated or both?**

Voluntary

**Are services time-limited or open-ended?**

Open-ended

**Agency or Private Practitioner Name:** Valley Mountain Regional Center (VMRC)  
**Program Name (if applicable):** Early Start  
**Address:** Physical:  
 704 Mountain Ranch Rd., #203, San Andreas, CA 95249  
 Mailing:  
 P.O. Box 1420, San Andreas, CA 95249  
**Phone:** (209) 754-1871  
**Email:**  
**Fax:** (209) 754-3211  
**Website:** <http://www.vmrc.net>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Case Management		X	X	X
Early Childhood Education			X	X
Home Visits			X	X
Mental Health Referral		X	X	X
Social & Emotional Developmental Screening			X	X
Other: Infant Development Services including ABA intensive programs			X	X

**Overview of services:**

California Early Start is a statewide interagency system of coordinated early intervention services for infant and toddlers with or at risk of disabilities or developmental delay and their families. Regional Centers and Department of Education share this program.

**Referral process:**

With parent permission, a referral is made to VMRC's Intake Coordinator who develops the assessment plan with the LEA partner. Referrals are made by contacting VMRC directly. Referrals are received from a variety of community agencies, families, and medical resources.

**Service eligibility:**

Early Start eligibility is based on evidence of (1) significant developmental delay in one or more of the following areas: cognitive development, physical and motor development, communication development, emotional and social development, and adaptive development, or established risk



conditions of known etiology or those conditions expected to result in significant developmental problems such as: chromosomal disorders, neurological disorders, inborn errors of metabolism, vision and hearing, and severe orthopedic impairments.

**Ages served:**

Birth to three.

**Are culturally specific services provided?**

No

**Are services provided in any language other than English?**

Yes, through use of a translator or interpreter.

**Is insurance accepted?**

N/A

**Is a sliding fee schedule available?**

N/A

**Are the services offered voluntary, mandated or both?**

Voluntary

**Are services time-limited or open-ended?**

Time-limited, until the child reaches his or her third birthday.

**Agency or Private Practitioner Name:** Valley Mountain Regional Center (VMRC)  
**Program Name (if applicable):** Services under the Lanterman Act  
**Address:** Physical:  
 704 Mountain Ranch Rd., #203, San Andreas, CA 95249  
 Mailing:  
 P.O. Box 1420, San Andreas, CA 95249  
**Phone:** (209) 754-1871  
**Email:**  
**Fax:** (209) 754-3211  
**Website:** <http://www.vmrc.net>

<b>Service Offered</b>	<b>Promotion:</b> universal programs that focus on promoting healthy social and emotional development for all young children	<b>Prevention:</b> targeted programs that provide support and information for families experiencing higher levels of stress	<b>Treatment:</b> early intervention, assessment, diagnosis, and treatment of early childhood mental health disorders	<b>Provided free of charge?</b>
Case Management		X		X
Child Care		X		
Crisis Services		X		X
Home Visits		X		X
Mental Health Referral		X		X
Parent Education		X		X
Psychiatric Services		X		X
Other: Respite Care		X		

**Overview of services:**

VMRC is one of 21 regional centers in the State of California providing a variety of services to support persons with developmental disabilities and their families. These services are designed to help people with developmental disabilities reach their maximum potential.

**Referral process:**

Referrals are made by contacting VMRC directly. Referrals are received from a variety of community resources, families, and medical resources. An initial Intake Assessment is conducted to determine eligibility, and if eligible, to design an individualized program plan to meet the unique needs of the individual being served.

**Service eligibility:**

Developmental Disability is defined under the Lanterman Developmental Disabilities Services Act. It includes individuals with intellectual disability, cerebral palsy, epilepsy, autism, and conditions closely related to intellectual disability requiring similar treatment. The condition must originate before the age of 18 years, be expected to continue indefinitely, and constitute a substantial handicap.

**Ages served:**

All ages

**Are culturally specific services provided?**

No

**Are services provided in any language other than English?**

Yes, through use of a translator.

**Is insurance accepted?**

N/A

**Is a sliding fee schedule available?**

N/A

**Are the services offered voluntary, mandated or both?**

Voluntary

**Are services time-limited or open-ended?**

Open-ended