

Health & Family Safety



▲ First 5 Amador funds ensured 115 toddlers and preschoolers participated in nutrition and physical activity classes. As a result, 90% of parents reported that they and their children were more physically active.

Work towards **Eliminating Family Violence** and its impact on Amador County families with children 0-5.

- Increase the awareness of Amador County residents about what constitutes family violence, and how to access resources.
- Increase the number of persons who receive services and information about family violence.
- Improvements in the Family Violence/Domestic Violence system functioning in Amador County are supported.

● First 5 Amador programs helped 129 families adjust to life with a newborn by providing a Parent Kit with important tips and resources including information regarding health insurance. 98% of families that received a second visit reported they had medical insurance for their baby.

■ 23 children 0-5 and 42 parents were provided supervised visitation services to ensure the safety of the children during visitations and/or safe exchanges.

Enhance the **Health** opportunities to families with children 0-5.

- Increase awareness of the availability of (health) services to families, and how to access those services.
- Increase the utilization of health opportunities (e.g., parent and infant kits, school readiness information, etc.).
- Increase the percentage of eligible families who enroll, participate in, and are retained in health programs (i.e. Healthy Families, Medi-Cal, etc.).
- Increase the number of local health service programs.

Amador County

Immunization Clinics

Public Health Department
10877 Conductor Blvd.
Sutter Creek

223-6407

1st & 3rd Tuesdays
2:00-6:00pm

4th Tuesday
9:00-11:30am



Take a Step to Health



Connecting HANDS
Nutrition Coalition

Move towards a healthier lifestyle ~
choose just one **STEP** for 12 months

To receive a free **Tool Kit** with information and activities contact:
Dorothy Smith, RD, UCCE 223-6482

