

Local office to contact for additional information:

Tobacco Reduction of Amador County

Phone: 223-6638

Email: DEvensen@amadorgov.org

**To order FREE Nicotine Patches Call:
1-800-NO-BUTTS**



Smokers to Get FREE Nicotine Patches

For a limited time, the California Smokers' Helpline is sending free nicotine patches to callers from Amador County.

Eligible tobacco users will receive a free two-week starter kit of patches, while supplies last.

In addition, callers may receive free one-on-one counseling from a trained counselor, a self-help booklet, and referral to local quit smoking programs.

Using counseling and the patch together increases your chance of success.

Helpline hours are Monday–Friday, 7am to 9 pm, and Saturday, 9 am to 1 pm.



California Smokers' Helpline
1-800-NO-BUTTS

English
1-800-NO-BUTTS

Spanish
1-800-45-NO-FUME

Cantonese
1-800-838-8917

Korean
1-800-556-5564

Mandarin
1-800-838-8917

Vietnamese
1-800-778-8440