

Mom-Me Time



WOW

March 6th
5:30 p.m.

Repeating with a new topic on the first Thursday of each month!



Take home a
complimentary gift
*while supplies last

If the cost of transportation is a barrier to attending, please contact First 5 staff.

Watercolors

Make your self-care a priority by creating a one of a kind watercolor to take home!

Light meal for Moms.
Childcare available
for 0-7.

Light snack for children.

Please call ahead if you need childcare.

209-257-1092



Meet Sara Rader, MS, NCC, LPCC

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