

Mom-Me Time



WOW

November 7th
5:30 p.m.

Repeating with a new topic on the
first Thursday of each month!

Positive Childhood Experiences (PCEs)



Take home a
complimentary gift
*while supplies last

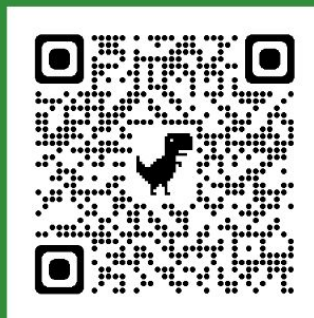
Positive childhood experiences can be linked
to good emotional and mental health in adults

Light meal for Moms.
Childcare available
for 0-7.

Light snack for children.

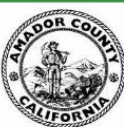
Please call ahead if you need
childcare.

209-257-1092



Meet Sara Rader, MS, NCC, LPCC

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