## Mom-Me Time



May 1st 5:30 p.m.

Repeating with a new topic on the first Thursday of each month!

Calm parent, Calm child



Take home a complimentary gift \*while supplies last

Providing gentle reinforcement as children learn natural consequences through exploration.

Light meal for Moms.
Childcare available
for 0-7.

Light snack for children.

Please call ahead if you need childcare.

209-257-1092





Meet Sara Rader, MS, NCC, LPCC

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